

## Tartine Organic Bakery - Pastry Nutrition 2022

<b>Chocolate Twist</b>	
Product Nutrition Typical Values per 100g:	
Energy kJ	1544.23
Energy kCal	369.08
Fat - g	21.75
Saturates - g	14.25
Carbohydrate - g	39.63
Total Sugars - g	10.14
Protein - g	5.62
Salt - g	0.67
Fibre - g	1.75

<b>Cinnamon Roll</b>	
Product Nutrition Typical Values per 100g:	
Energy kJ	1469.89
Energy kCal	351.31
Fat - g	20.29
Saturates - g	13.43
Carbohydrate - g	39.00
Total Sugars - g	6.73
Protein - g	5.41
Salt - g	0.72
Fibre - g	1.34

<b>Croissant</b>	
Product Nutrition Typical Values per 100g:	
Energy kJ	1548.34
Energy kCal	370.06
Fat - g	21.49
Saturates - g	14.26
Carbohydrate - g	41.31
Total Sugars - g	6.15
Protein - g	5.54
Salt - g	0.78
Fibre - g	1.47

<b>Almond Croissant</b>	
Product Nutrition Typical Values per 100g:	
Energy kJ	1686.73
Energy kCal	403.14
Fat - g	25.81
Saturates - g	13.81
Carbohydrate - g	36.96
Total Sugars - g	15.95
Protein - g	6.82
Salt - g	0.49
Fibre - g	2.25

<b>Pear Slice</b>	
Product Nutrition Typical Values per 100g:	
Energy kJ	1287.64
Energy kCal	307.75
Fat - g	18.21
Saturates - g	10.32
Carbohydrate - g	32.43
Total Sugars - g	10.18
Protein - g	5.18
Salt - g	0.49
Fibre - g	2.30

<b>Pain au Chocolat</b>	
Product Nutrition Typical Values per 100g:	
Energy kJ	1615.38
Energy kCal	386.08
Fat - g	22.93
Saturates - g	14.94
Carbohydrate - g	40.38
Total Sugars - g	9.18
Protein - g	5.99
Salt - g	0.69
Fibre - g	3.14

<b>Pain au Raisin</b>	
Product Nutrition Typical Values per 100g:	
Energy kJ	1451.21
Energy kCal	346.85
Fat - g	18.07
Saturates - g	11.95
Carbohydrate - g	42.87
Total Sugars - g	14.18
Protein - g	5.15
Salt - g	0.65
Fibre - g	1.58

## Tartine Organic Bakery - Scone Nutrition 2022

<b>Plain Scone</b>	
Product Nutrition Typical Values per 100g:	
Energy kJ	1438.04
Energy kCal	343.70
Fat - g	13.52
Saturates - g	8.96
Carbohydrate - g	49.24
Total Sugars - g	9.31
Protein - g	5.71
Salt - g	0.62
Fibre - g	0.00

<b>Pear &amp; Almond Scone</b>	
Product Nutrition Typical Values per 100g:	
Energy kJ	1287.80
Energy kCal	307.79
Fat - g	12.26
Saturates - g	7.09
Carbohydrate - g	43.71
Total Sugars - g	11.06
Protein - g	5.13
Salt - g	0.61
Fibre - g	1.15

<b>Fruit Scone</b>	
Product Nutrition Typical Values per 100g:	
Energy kJ	1417.52
Energy kCal	338.79
Fat - g	11.98
Saturates - g	7.93
Carbohydrate - g	51.68
Total Sugars - g	15.98
Protein - g	5.38
Salt - g	0.69
Fibre - g	0.37

Information provided by InFood